

Spring Monthly Newsletter

ISSUE 011

FELLOWSHIP
HOUSE

June 2025

ADDICTION TREATMENT

RECOVERY CAN BEGIN NOW

1-888-HELP-120

24/7

FELLOWSHIP
HOUSES

Residential Services
PHP/IOP/OP



Joe Van Wie CEO



Here's what has happened in the last month and what's to come!

Dear Friends,

Looking Ahead: Growth, Innovation & The Future of Fellowship House

We're well into spring now, and the energy at Fellowship House is in full bloom. The community has been alive with activity—new weekend programming including yoga, MMA, our inaugural cooking classes, and deeper processing groups focused on nutrition, diet, and recovery. We've also launched an exciting community partnership with our neighbors at the Center for Independent Living, whose training center will now host many of our weekend enrichment activities.

This month, we'll begin using the space for Sunday meditation, basketball, exercise classes, and slow flow recovery yoga—creating a rhythm of wellness that reaches far beyond traditional therapy.

On the horizon, we're growing fast. Our IOP evening community continues to expand, and with that growth comes opportunities for new staff to join the mission. etting started.

Behind the scenes, we're making major advancements in team development, with several clinicians and staff working toward higher degrees, licensing, and certifications. And there's more to come.

This summer, we look forward to completing our Fellowship House Gym Center and launching our new Clinical Headquarters, marking the next phase of what our program can offer—not just in care, but in culture. We also shared a powerful celebration at the house, bringing together alumni—men and women from diverse walks of life, bound by a shared purpose: the commitment to recover from addiction and chase true social mobility.

To see them stand together, sober and strong, is to witness what's possible when people are given structure, support, and a shot at something better.

And in many ways, we're just getting started!

Joe Van Wie

In this newsletter you can expect:

Community Updates

Podcast Interviews

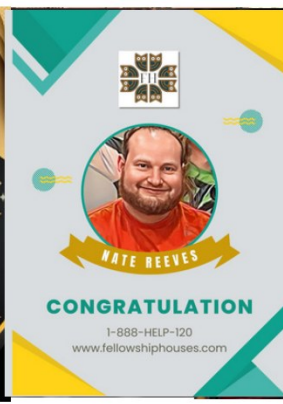
Stories of Impact

Volunteer Spotlight

Mandala Room

Staff Profile Highlights





This month, Fellowship House saw tremendous advancement across our staff—living proof that we don't just talk about growth, we invest in it. Multiple team members received tuition reimbursement for advanced degrees, licensing, and credentialing. Please join us in congratulating:

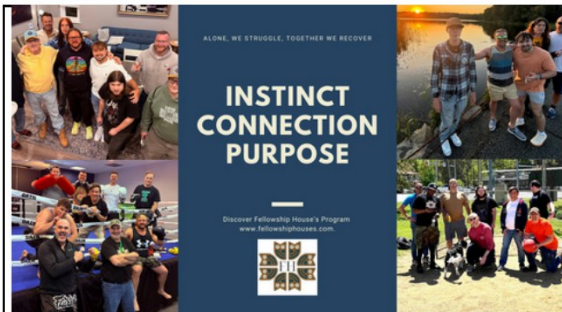
- Amanda Hickey, CRS grant recipient
- Nate Reeves, CRS grant recipient
- James Hanley, CRS grant recipient

Special shout-outs go to:

- Megan Reifus, Primary Counselor, who's nearing completion of her advanced degree in counseling at the University of Scranton
- Marisa Ivanko, Clinical Team, who is actively

- pursuing her LPC at Walden University
- We also hosted an incredible Staff Night—a moment of decompression and team cohesion, honoring the spirit of collaboration that fuels our continuum of care. I can say without hesitation: I feel completely fulfilled working alongside this extraordinary team. Beyond the clinical and academic wins, our summer calendar is already full of life:

Recovery MMA, Softball showdowns, Hikes, The Lackawanna County Fair, and so much more to come. Lastly, our residents had the opportunity to attend the District 39 AA Workshop in Scranton, which was a huge success—reminding all of us that community, connection, and shared service are still the heartbeat of recovery. Here's to a season of action, intention, and transformation—together.



Support When You Need It – 24/7

Recovery doesn't end at graduation. Our 1-888-HELP-120 line is available 24/7 for alumni or anyone in crisis seeking treatment for substance use disorder. At Fellowship House, we believe healing begins with understanding—recognizing that the mind is the center of all experience. Unresolved trauma and addiction often emerge as solutions to the discomfort of conscious life, but until true healing begins, no substitute can take its place. Through informed trauma therapy and education, we commit to guiding each person toward lasting recovery, clarity, and peace. If you or someone you know needs support, we're always here.



This month at Fellowship House, we celebrated a wave of powerful transitions—coin-outs and graduations from our PHP program into IOP, and many IOP completions as our members stepped fully into the next chapter of their lives. We said goodbye to several residents whose departures were bittersweet, filled with pride as we watched them gain self-sufficiency, secure apartments, begin job training programs, and step into new employment opportunities. The momentum continued as we honored Joey C.'s one-year anniversary in recovery—a beautiful afternoon at the house where alumni returned, families stood side by side, and we gathered over barbecue and pizza to reflect on what's possible when recovery takes root. Moments like these remind us that this is not the end of a program—it's the beginning of a life. And the truth is, we've only just begun.

Podcast & Blog Highlights



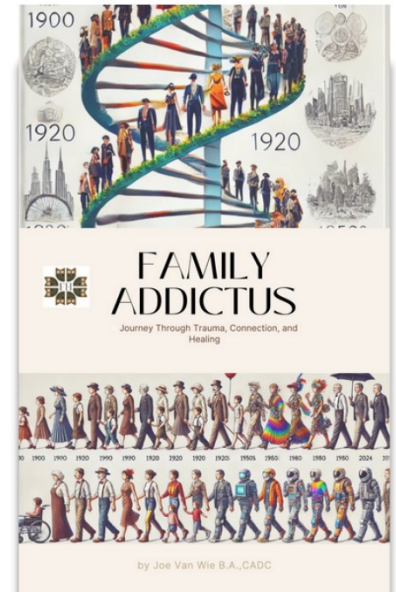
RECOVERY MMA

Thanks for another amazing class
Kru James Simrell

CONTACT US

1-888-HELP-120
fellowshiphouses.com

We sit down with Amir to discuss



Summer 2025!

At Fellowship House, we believe that addiction doesn't exist in isolation—it impacts entire families. That's why we're thrilled to announce the upcoming release of *Family Addictus*, a groundbreaking book that explores the profound ways substance use disorder (SUD) entangles entire family systems—and how true healing must happen together.

Who Is Family Addictus For?

This book is for anyone affected by addiction—whether you're struggling with it yourself, love someone who is, or work in treatment, recovery coaching, or behavioral health. It's especially valuable for:

- 👨‍👩‍👧 Families navigating addiction together
- 💙 Parents, spouses, and siblings of those in recovery
- 🧠 Clinicians, counselors, and social workers
- 📖 Anyone seeking a deeper understanding of addiction beyond the individual

WE ACCEPT



GYM CENTER

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ALUMNI SUPPORT 24/7

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☀ Employee of the Month: Amanda Hickey, Admissions Director ☀

This month, we proudly recognize Amanda Hickey, our unstoppable Admissions Director, as Fellowship House's Employee of the Month. Amanda is often the first voice someone hears when they reach out from a place of pain, confusion, or desperation—and she meets each call with compassion, clarity, and courage.

Recently, Amanda was honored with the Caron Foundation's Unsung Hero Award, a recognition of her tireless, behind-the-scenes dedication to those entering recovery. Whether it's fielding late-night calls or walking a family through their options with empathy and transparency, Amanda embodies the heart of Fellowship House.

We're also thrilled to share that Amanda is a recipient of the Fellowship House CRS Grant, which fully funded her Certified Recovery Specialist education and licensing this year. This is more than a credential—it's a reflection of Amanda's commitment to personal growth and her role in helping others begin their healing.

🌀 The Admissions Workflow – A Path Paved with Purpose

Amanda leads a structured and thoughtful admissions process designed to ensure each person is not only clinically appropriate, but spiritually and emotionally ready to engage with our community. Here's how it works:

1. Provider Contact & Referral
2. Outreach professionals, hospitals, sober living homes, or family members reach out to Fellowship House, often in moments of urgency. Amanda responds quickly, initiating the intake pipeline with warmth and professionalism.

- Pre-Screening with Amanda
- Amanda conducts a thorough pre-screening that includes:
 - A full Bio-Psych-Social assessment
 - A Beck Anxiety Inventory
 - Initial review of mental health history, substance use history, legal status, and basic medical info
 - Determination of appropriateness for our Level of Care
- Fellowship House Application
- If pre-screened as a potential fit, the individual completes the Fellowship House Application, which begins the formal intake process.
- Admissions Interview with Joe Van Wie
- Joe meets one-on-one with the candidate to explore:
 - Their narrative life history
 - Internal and external motivations for recovery
 - Barriers to success, such as trauma, legal issues, or mental health
 - Supports and consents, including family, case managers, and court officials
 - Medication management for recovery continuity
- Clinical Review and Consensus
- The full clinical team then reviews the case. Through collaborative dialogue, we determine whether the candidate is ready—and whether we're the right match to help them rebuild.

Only then is the individual welcomed into Fellowship House as a new member of our healing community.

Thank you for reading!

PHP/IOP/OP AND RESIDENTIAL SERVICES	1-(888)-HELP-120
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