

Monthly Newsletter

FELLOWSHIP
HOUSE

September 2024



Here's what has happened in the last month and what's to come!

Dear Fellowship House Community,

As we step into September, I'm filled with pride and excitement for the incredible progress and growth we've experienced together. Last month, our community census reached a remarkable 48 clients and continues to grow, reflecting the strong, supportive environment we've cultivated here at Fellowship House. We are thrilled to share that our residential services are set to expand before the year's end, thanks to some very creative planning. This expansion will enable us to provide even more individuals with the resources and support they need on their recovery journey.

In addition to this growth, we have welcomed two new clinicians to our team, both of whom have embarked on their graduate studies and licensing journey. Their dedication to furthering their education and expertise will undoubtedly enhance the quality of care we provide. We are also excited to announce that five new support staff members, all with Certified Recovery Specialist (CRS) credentials, will be joining us this month, further strengthening our team. A major milestone for us last month was the amendment of our CCBH/UPMC contract to include Certified Recovery Services. This achievement is a testament to our ongoing commitment to providing comprehensive, high-quality care. We are also proud to announce that the Department of Drug and Alcohol Programs (DDAP) found our alignment with ASAM 2.5 standards for Partial Hospitalization Programming successful. As a result, we will be listed as a preferred credible vendor on their site, further solidifying our reputation for excellence.

Our partnerships with esteemed organizations like the CARON Foundation, Brookdale Recovery, and many others continue to thrive, reflecting our shared mission of social mobility and recovery. These collaborations have been instrumental in our success, and we are grateful for the strong bonds we've built with these partners.

Our community also came together for a memorable time at this year's "Soberstock Celebration," where Fellowship House was well-represented among friends and providers. It was a day filled with joy, connection, and a celebration of the strength of our recovery community. A special thank you goes out to the Lackawanna County Commissioners for honoring us with "Fellowship House Day" at the New York Yankees' minor league team's stadium. We enjoyed a fantastic day in the commissioners' box, complete with a steak and cheese eating contest—an event that brought plenty of laughs and camaraderie.

As we continue to grow and support one another, I look forward to the many more successes and memories we will create together. Thank you to everyone who makes our Fellowship House community strong, compassionate, and ever-flourishing.

With gratitude and optimism,

Joe Van Wie

In this newsletter
you can expect:

Community
Updates

Podcast
Interviews

Stories of Impact

Volunteer
Spotlight

Mandala Room

Staff Profile
Highlights





Community News

We proudly announce the successful graduation of two more fellows who have embraced their recovery journeys with determination and courage. Both are now sober, employed, and flourishing, having reunited with their families—a testament to their hard work and the support of our community.

We also welcomed Mike back from his adventure in Italy, where he returned with renewed strength and commitment to his recovery. Mike has officially "coined out," marking a significant milestone in his journey.

Additionally, Brandon and Doug have stepped down from our program, both now employed full-time in new careers and preparing for their upcoming graduations. We couldn't be prouder of their achievements.

As we celebrate these successes, we also say a fond farewell to Anthony "Bones," who is taking the next big step in his life by gaining custody of his son and moving to a new state. Anthony's journey has been one of perseverance, and we wish him and his son all the best as they embark on this new chapter.



Volunteer Spotlight Attorney Brendan Fitzgerald

We are incredibly grateful to spotlight Brendan Fitzgerald for his unwavering dedication to our community. A committed advocate, Brendan's work has brought multiple men back into their roles as fathers, fiercely protecting their rights and championing their recovery through his expertise in criminal defense, drug court, and family court. Brendan's journey, from his distinguished academic achievements at Temple University and Western Michigan University Thomas M. Cooley Law School to his impactful role in exonerating wrongfully convicted individuals through the Innocence Project, reflects a deep commitment to justice and advocacy. His efforts have not only shaped the lives of those he represents but have also fostered an environment where recovery can truly flourish. We extend our heartfelt thanks to Brendan for his invaluable contributions and steadfast support in helping rebuild lives within our community.



A Clinician's Road Map: Navigating the Complex Stages of Change

Understanding the stages of change is essential for clinicians guiding clients through the journey of recovery. This process, often non-linear and complex, involves navigating through *pre-contemplation, contemplation, preparation, action, and maintenance*. Each stage presents unique challenges and opportunities for growth, requiring tailored interventions and a deep understanding of the individual's readiness to change. By recognizing where a client is on this continuum, clinicians can provide the right support at the right time, helping to foster sustainable recovery and personal transformation.

Podcast & Blog Highlights



Mike “G” FH Alumni

We're thrilled to highlight Mike G, a dedicated Fellowship House alumnus who recently returned from Italy. Mike, who once pursued a promising European football career, now shares his incredible journey from the football field to his path of recovery.



STR Behavioral Health

Discover their unique approach to recovery, where mental health takes the lead as a primary focus in treating Substance Use Disorders (SUD). STR Behavioral Health offers a distinct, integrated treatment model...



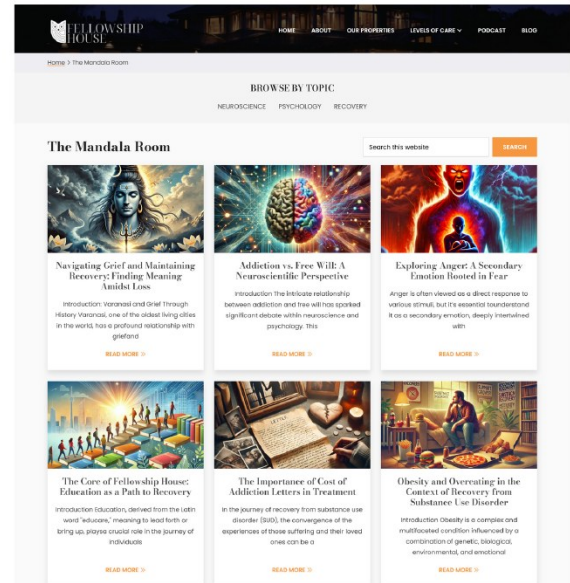
Amy Durham CEO Brookdale

In our latest episode, we delve into the inspiring journey of Amy Durham, who transformed a near-death experience into a powerful story of recovery and leadership. Amy now stands at the helm of one of the nation's most premier facilities for Substance Use Disorder treatment, guiding others toward hope and healing.



Joey “C” FH ALUMNI

Joey C's journey is a remarkable one, starting at Westchester University and now bringing him to a new chapter in Northeastern Pennsylvania. Transferring to a local school, Joey has become an active member of our vibrant recovery community.



The Mandala Room

In this month's editions, we take a deep dive into some truly impactful topics: cost letters, anger, free will, grief, and recovery. Each of these subjects offers real, thoughtful considerations on how the brain works and how these elements influence our lives, particularly in the context of therapy and recovery. The Mandala Room is more than just a blog—it's a space where heart, authenticity, and in-depth exploration of meaningful topics come together. Inspired by our mandala logo featuring wise owls, our blog is dedicated to exploring a wide range of subjects that resonate deeply with our community, including therapy, neuroscience, psychology, sociology, and substance use disorder (SUD).

Each weekly post is crafted with care, offering insights and fostering a deeper understanding of the human experience's complexities. Our latest posts on cost letters, anger, free will, and grief provide a rich tapestry of knowledge that not only informs but also supports our readers on their journeys, whether in recovery or professional practice.



"From Hollywood to Healthcare: How Tim Calpin's Strategic Vision Transformed Fellowship House's Reach and Impact"

Tim Calpin's Journey:

We are thrilled to shine a spotlight on Tim Calpin, a key strategist behind the success of Fellowship House. Tim's career is a testament to his versatility, creativity, and commitment to excellence, making him an invaluable asset to our team and a driving force behind many of our recent achievements.

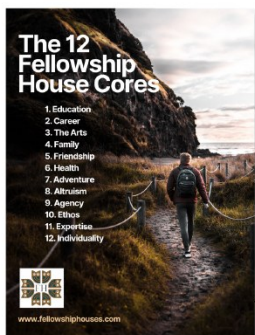
Tim's professional journey is as diverse as it is impressive. As the owner and digital marketing consultant at TSC Digital Marketing, he has consistently demonstrated his expertise in crafting and executing comprehensive multichannel marketing strategies. His ability to integrate web design, SEO strategy, social media management, and content creation into cohesive campaigns has been instrumental in driving brand development and client engagement.

Before establishing himself in the marketing realm, Tim enjoyed a remarkable career in the film and television industry. He is a talented screenwriter who has crafted feature-length film scripts for major Hollywood studios, including **Warner Brothers, Paramount, Lionsgate, and YFC**. Notably, Tim wrote the feature film "Assassination of a High School President," starring **Bruce Willis**, which premiered at the **Sundance Film Festival** and further solidified his reputation in the industry. His ability to tell compelling stories also led to the development of television pilots for renowned networks like **FOX** and **Comedy Central**, including his work on the animated series "COPS: Uncuffed."

Tim's early career highlights include his work on the iconic show "South Park," where he served as Assistant to the Executive Producer and Writer's Assistant. In this role, Tim contributed to the research and development of storylines and scripts and was involved in creating promotional materials, television spots, and merchandise for the show. His creative genius and dedication have left a lasting imprint on the entertainment industry, with his film and television credits available for exploration on IMDb. In addition to his work in film and television, Tim has also made significant contributions to the corporate world. As a Content Steward at **Merck Pharmaceuticals**, Tim managed the flow of digital content from development through review in PromoMats DAM, playing a pivotal role in the successful management and updating of the Keytruda website and related digital content. He led an internal creative team, which included copywriters, designers, and UX architects, and actively contributed to the creative development of copy, design, user experience (UX), and final content.

At **Fellowship House**, Tim has been instrumental in forging strategic partnerships and agreements with eight networks within a year—a crucial achievement that has enabled us to expand our reach and provide services to a broader client base. His expertise in navigating complex payer populations and provider agreements has been a game-changer for our organization, ensuring that we connect with the right clients and continue to grow.

Tim's blend of creativity, strategic acumen, and industry experience has been vital in our mission to provide top-notch care and support to our clients. His dedication to our community, combined with his unique ability to bring innovative ideas to life, continues to drive Fellowship House forward. We are incredibly fortunate to have Tim Calpin as part of our Fellowship House family, and we look forward to the many more milestones we will achieve together under his guidance.



Thank you for reading!

PHP/IOP/OP AND
RESIDENTIAL SERVICES

1-(888)-HELP-120

www.fellowshiphouses.com

126 Willow Ave
Olyphant, PA 18447